# TATTOO AFTERCARE

## tradtional

Congratulations on your new tattoo! Please refer below to the healing process.

#### **About The Healing Process:**

The healing process will take between 1 to 4 weeks, depending on what kind of work is done. For simple fine line tattoos, they may fully be healed at 1 week. Whereas, tattoos with more shading/color packing may take up to 4 weeks to fully heal. And it is normal for the tattoo during its healing process to darken, scab, peel, become itchy, and to make your skin dry. It is best to think of it as an open wound that is healing. Some of the most important things in taking care of your new tattoo while healing is to keep it clean, to not pick or scratch it, and to not get it sunburnt. Read below for step by step details and more information.

#### **Healing Process Instructions:**

For the first 2 to 3 days, avoid sweating heavily. And for the first 2 weeks, do not soak your tattoo. Therefore, avoid taking a bath (shower only), ocean/beach, jacuzzis/pools, and saunas. During its entire healing process do not pick/scratch/slap your tattoo. Within the first 2 weeks of healing your tattoo will darken and as your skin heals your tattoo will lighten to its healed tone and colors will not be as bright as when it was freshly done.

Everyday you should wash your tattoo with non-odor antibacterial soap. Lightly lather the soap on and wash with water. Dab dry only. As odor soaps have chemicals in it that is not good for your body. Do not use hydrogen peroxide or alcohol.

Lotion is helpful, but not necessary. Concerning lotioning your tattoo, more is not better. You want to put a very thin layer of lotion on your tattoo very gently at most 3 times a day. A thin layer of lotion will allow your tattoo to stay moisturized but not suffocate. You want it to still get fresh air. Too much lotion may result in longer healing times or your tattoo to not heal as good as it could've. Recommended lotions are aquaphor, hustle butter, and mad rabbit. I only lotion my tattoos at most twice a day with a very thin layer.

As the healing process continues day by day, you'll notice skin peeling and possibly scabs. Do not pick it off, but let it fall off naturally. Picking and scratching (any rough unnatural abrasions) will cause for ink to be plucked out of your skin.

### Aftercare post-healed tattoo:

Aging just like your body is inevitable for tattoos. Fading and blurrying are unavoidable. Although, to help the aging look there are a few things you can do.

1) putting on sunscreen and/or lotion on your tattoos to help avoid sunburn. Your tattoo being sunburnt will increase the speed that your tattoo ages. 2) avoid scratching your tattoo, when your skin is itchy. 3) try your best to avoid damaging your skin.



